



PHYSICAL THERAPY & SPORTS MEDICINE

THERAPIST OWNED AND OPERATED. SERVING THE METROPLEX SINCE 1996.

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Alternate Fax # 940-757-0753

ALLEN (Formerly Achieve PT&P)
1010 W. Exchange Pkwy., Suite 2100
Tel: 972-325-1390 Fax: 972-325-1391

COLLEYVILLE/EULESS
(Hwy. 121 and Glade Rd.)
2030 Glade Road, Ste. 200
Tel: 817-684-0397 Fax: 817-684-8253

COPPELL
413 W. Bethel Rd., Suite 400
Tel: 972-304-9100 Fax: 972-304-9048

CORINTH
3001 FM 2181, Suite 150
Tel: 940-498-4004 Fax: 940-498-4008

DENTON
513 W. Oak St., Suite 125
Tel: 940-320-6030 Fax: 940-320-3113

FLOWER MOUND
4401 Long Prairie Rd., Suite 300
Tel: 972-691-1331 Fax: 972-691-1731

FRISCO (Formerly Achieve PT&P)
(Preston Rd. and Rolater Rd.)
7548 Preston Rd., Suite 145
Tel: 972-712-9693 Fax: 972-712-9625

FRISCO - NORTH
5000 Eldorado Pkwy., Suite 430
Tel: 214-436-4606 Fax: 214-234-9058

GARLAND (Formerly Achieve PT&P)
5255 N. President George Bush Hwy.,
Suite 200
Tel: 972-881-8887 Fax: 972-730-9887

HASLET
12520 Willow Springs Rd., Building 3,
Suite 104
Tel: 817-210-6196 Fax: 817-782-9303

HERITAGE TRACE
4501 Heritage Trace Pkwy., Suite 121
Tel: 817-379-1400 Fax: 817-379-1404

MCKINNEY
(Custer Rd. and S. Stonebridge Dr.)
8876 Synergy Dr., Suite 200
Coming Soon!

MCKINNEY - NORTH
(Formerly Achieve PT&P)
6091 W. University Dr., Suite 103
Tel: 469-634-4905 Fax: 469-656-4900

MURPHY (Formerly Achieve PT&P)
631 FM 544, Suite 200
Tel: 972-200-4370 Fax: 972-457-3228

NORTH RICHLAND HILLS/
KELLER
8700 N. Tarrant Pkwy., Suite 113
Tel: 817-498-8344 Fax: 817-498-8702

PLANO
(Hwy. 121 and Preston Rd.)
8608 Preston Rd., Suite 110
Tel: 214-432-5862 Fax: 214-431-4305

PLANO - EAST
(Formerly Achieve PT&P)
2200 Los Rios Blvd., Suite 132
Tel: 972-509-5070 Fax: 972-509-1557

PROSPER (Formerly Achieve PT&P)
241 N. Preston Rd., Suite B
Tel: 214-227-7224 Fax: 214-305-4077

SOUTHLAKE
731 E. Southlake Blvd., Suite 150
Tel: 817-442-8600 Fax: 817-442-8603

TROPHY CLUB
2800 St Hwy. 114 E., Suite 120
Tel: 817-491-3403 Fax: 817-491-3308

PATIENT'S NAME

DATE

PATIENT'S TELEPHONE NUMBER

DOB

WORKER'S COMPENSATION [] YES [] NO ADJUSTER /CASE MANAGER

DIAGNOSIS

INSTRUCTIONS/PRECAUTIONS

Recommended Frequency: _____ times per week for _____ weeks.

[] EVALUATE & TREAT

[] CONTINUE THERAPY

TREATMENT

- Progressive Resistive Exercise
Endurance/Conditioning
AROM
PROM
Manual Therapy
Neuro Muscular Re-Education
Proprioceptive Training
Gait Training
Fall Risk Assessment
Functional Strengthening

MODALITIES

- Ultrasound
Electrical Stimulation
Cryotherapy
Phonophoresis
Iontophoresis
Mechanical Traction
TENS

EDUCATION

- Home Ex Program
Back Education
Cervical Education
ADL Training
Body Mechanics/Posture

SPECIAL PROGRAMS

* Not offered at all locations

- ACL Protocol
Blood Flow Restriction
Carpal Tunnel Protocol
Concussion Therapy
Dry Needling
Fall Prevention
FCE/Work Conditioning*
McKenzie Spine Protocol
Shoulder/Scapular Stabilization
TMJ Therapy
Total Joint Replacement
Vestibular Rehabilitation
Other:

I hereby certify that the above services have been deemed medically necessary.

PROVIDER'S SIGNATURE

PRINT NAME

DATE

DO NOT EMAIL PRESCRIPTION The electronic prescription form is provided for your convenience. With respect to responding to this form, please do not send the prescription via email. Please populate, print and sign a hardcopy that may be faxed, mailed or hand delivered to the clinic.

WHERE YOU NEED US. WHEN YOU NEED US.

20 Locations in the Greater Dallas / Fort Worth Area



WE OFFER:

- Individualized care
- Evaluations within 24-48 hours
- Extended hours
- Licensed therapists specialized in treatment and prevention of:

- » Blood flow restriction
- » Concussion therapy
- » Dry needling
- » Fall prevention
- » Individualized exercise plans
- » Industrial rehabilitation
- » Manual therapy
- » Orthopedic care

- » Pelvic health / Women's health
- » Pre and post op therapy
- » Sports rehabilitation
- » TMJ
- » Vestibular
- » Workers' compensation

Featured on PTandMe.com

Educating patients about common injuries and conditions that can be treated with physical therapy.

